

President’s Message



Tom Egan  
President and CEO

**Foundation for Senior Living (FSL)** has had an incredible year; one with many new endeavors to celebrate. From new programs helping us serve more Arizonans in need to a successful fundraising event which raised more than \$85,000 in its first year, there are exciting things happening at FSL! When you review our annual report you will see that by partnering with FSL you are impacting many lives throughout our communities, helping our neighbors to age independently and with dignity.

We know that 87% of Americans who need help to remain in their own homes rely upon family members or friends to provide the care and support they need. At FSL, we believe that by supporting these informal caregivers – who have stepped into their roles often unprepared for the demands which will be placed upon them – we are keeping families together and strengthening our communities. Last year, we drove 410,549 miles, giving our clients safe, reliable transportation to medical appointments, grocery stores, and our adult day health services centers. Services like this lessen the burden of caregiving and support independence amongst the many families we serve.

Because of you, we achieved some exciting milestones in 2016.

- **We received a \$750,000 grant** from Virginia G. Piper Charitable Trust to provide a new care coordination program - Care By Design®. This program ensures that all FSL clients get connected to the services they need to optimize outcomes.
- **We expanded our ACTIVATE transitional care program** to ensure more patients are successful after discharge from a Dignity Health hospital. This valuable service is now available to patients with Medicare, Mercy Care LTC, Underinsured and Uninsured.
- **We entered into a contract** with the City of Phoenix to build 121 single-family homes in Phoenix. These homes will be sold to income-qualified families with down payment assistance opportunities. Model homes are expected summer 2017.
- **We began construction** of Highland Square, a 60-unit subsidized apartment community for households age 62 and older. This project combines Rural Development, LIHTCs, Federal Home Loan Bank of Chicago AHP, and City of Cottonwood funding. The community will be completed winter 2017.
- **We launched a new website** and increased communication efforts to build brand awareness. These efforts led to significant growth in individual donors and fundraising dollars.

We could not do it without our many partners in the faith, healthcare, government, corporate, and philanthropic communities. I invite you to view our 2016 accomplishments. We hope you will continue to join us in helping those you love live independently throughout 2017.

*We thank you on behalf of the families we serve.*



Who We Are & What We Do

**FSL**, also known as **Foundation for Senior Living**, has been caring for Arizonans of all ages since 1974. Our mission is to provide home and community-based services and develop energy-efficient, affordable housing to promote health, independence and dignity for all.

We focus on four areas of essential need:

**Safe Home:** We develop single- and multi-family homes throughout the state of Arizona. We also offer services to help homeowners stay in their homes. Last year, we provided weatherization services and accessibility modifications to more than 1,200 homeowners throughout metropolitan Phoenix.

**Nutritious Meals:** We provide 725,000 pounds of food to families in need from our three food pantries in Peoria, Wickenburg and Williams. Additionally, we serve nearly 900 congregate and home-delivered meals each day.

**Health & Wellness:** We promote independence while enhancing and maintaining the highest functional quality of life possible for our clients through our home and community-based services. Last year, our adult day health services, skilled home health, and non-medical home care programs provided more than 37,000 baths to clients, allowing them to live with dignity.

**Education:** We educate patients and clients, family and professional caregivers, as well as members of the community, to assist them in maintaining independence for themselves, their loved ones and their clients. We provided 31,765 hours of education to clients, patients and caregivers last year.

We are a **FAITH**-based charity that provides a wide range of **SERVICES** to help people age in place throughout their **LIFE**.



Safe Home

Provide a **SAFE HOME** for **886** Arizonans each night



Nutritious Meals

Feed **2,122** Arizonans each day



Health & Wellness

**387,713** hours of respite for caregivers each year



Education

**31,765** hours of education to patients and caregivers each year

Financials

Income (Support And Revenue)

Government Revenues	\$ 21,527,487
Fees and Rentals	\$ 5,404,268
Foundations, Grants, and Corporations	\$ 2,601,401
In-Kind	\$ 809,030
Interest Income and Other	\$ 406,649
Total	\$ 30,748,835

Where Your Gifts Were Spent

Total Program Services	\$25,421,398
Safe Home Programs	\$ 7,315,277
Nutritious Meal Programs	\$ 736,519
Health & Wellness Programs	\$14,141,298
Education Programs	\$ 3,228,304
Management and General (Supporting our Services)	\$ 4,732,798
Fundraising (Sustaining and Expanding our Services)	\$ 147,013

Total \$ 30,301,209

Total Ending Net Assets \$ 18,234,160





# List of Accomplishments, FY16

We invited 12 new members to join our Board of Directors.

We welcomed Mitchell Moore, Chief Administrative Officer, who now directs our Finance, Human Resources and Information Technology teams.

We organized a fundraising event, attended by more than 200 people and supported by 19 corporate partners.

We opened a new affordable apartment community in Phoenix, 29 Palms, which, in partnership with First Place, provides a home to adults with autism spectrum disorder who are learning to live independently for the first time.

We offered a free educational open house, which provided community resource connections, relaxing massages and complimentary on-site respite care to more than 80 family caregivers.

We completed our first employee giving campaign and realized 70% participation and more than \$30,000 pledged in support of our clients.

We launched the new Northwest Valley Community Action Program, in partnership with Maricopa County Human Services Department and the City of Peoria, assisting 864 residents in the first six months.

We expanded services in the Town of Wickenburg, our Freedom Express program, to provide seniors free rides to medical appointments, shopping and the pharmacy.

We developed an organization-wide volunteer program to support staff and clients and to enhance the services we currently provide.

We received more than \$1.3M in grant awards to support programs, services, clients, organizational growth and sustainability.

We initiated a Healthy Homes program with the City of Phoenix to assist children and individuals with respiratory difficulties and chronic illness.



## What You Can Do To Support Us:

**Make a donation:** Your contributions to FSL are 100% tax-deductible and qualify for the Arizona Charitable Tax Credit. With your help, we can provide for more Arizonans in need! FSL's Federal Tax ID: #86-0298945

**Remember FSL when your loved one wants to remain at home:** Our home and community-based services are often ordered by doctors and hospital personnel. Please remember FSL if you or a loved one needs help to remain at home.

**Follow FSL on Social Media:** Follow FSL on Facebook (FSLhelps), Twitter (FSLcares), YouTube (FSLvideos), Pinterest and LinkedIn.

**Sign up for our newsletter:** Visit [www.FSL.org](http://www.FSL.org) today!

**Volunteer your time and talents:**

**Call:** 602-285-0505 x327

**Web:** [www.FSL.org](http://www.FSL.org)

**Email:** [Volunteers@FSL.org](mailto:Volunteers@FSL.org)



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## Board Members

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*FSL*

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*Washo Financial*

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*Retired*

## 2016 Annual Report

